

How to join a Zoom meeting

Join by clicking the meeting link

If you were invited to a Zoom meeting by the host, you may have a meeting invite in your email or calendar.

1. In the meeting invite, click the join link below **Join Zoom Meeting**.
You will be prompted to launch the meeting on the Zoom Workplace app or click **Join from your browser** to join on the web if you don't want to download the app.
2. Check your audio and video settings, then click **Join**.
You will either join the meeting automatically or be placed in the waiting room until the host admits you.

Join on the Zoom Workplace desktop or mobile app

For the best meeting experience, sign in to your Zoom account and join a meeting from the Zoom Workplace desktop or mobile app. You can download the latest version of the app from the Download Center. Otherwise, you will be prompted to download and install Zoom when you click a join link.

- [Windows | macOS | Linux](#)
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Home tab

1. Sign in to the Zoom Workplace desktop app.
2. Click the **Home** tab .
Meetings that you have scheduled or have been invited to will be listed in chronological order for today.
Note: If you do not see the **Home** tab, click the **More** tab **...**, then click **Home**.
3. (Optional) Click the ellipses icon to filter and search for meetings.
4. Click the meeting you want to join.
5. On the meeting card, click **Join** if you're a meeting participant or click **Start** if you're the host.

- [Android | iOS](#)
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1. Sign in to the Zoom Workplace mobile app.
2. At the bottom of the app, tap the **Meetings** tab  or **Calendar** tab .
Meetings that you have scheduled or have been invited to will be listed in chronological order for today.
3. Tap the Zoom meeting you want to join.
4. Tap **Join** if you're a meeting participant or tap **Start** if you're the host.